



PUBLIC HEALTH

Connections

Bureau of Community Health Systems

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Regional Public Health Meetings

By Teri Caudle, RN, PHN, Local Public Health Program Bureau of Community Health Systems, KDHE



The Regional Public Health Meetings are designed to connect local health departments with programs and best practices that will benefit the work you do within your communities. The meetings are designed to connect local health departments with programs and best practices that will benefit the work you do within your communities. The agenda for the third quarter meetings will include the following: *KDHE Listening Tour*, Kendra Baldrige, Director, Bureau of Community Health Systems (BCHS) and Cristi Cain, Director, Local Public Health Program; *2018 HEDIS 101: Improving Quality of Care*, Bonnie Rupke, Amerigroup Kansas; *Regional Health Equity Council*, *Heart Disease Disparity Report*, Kendra Baldrige, KDHE BCHS Director. The meeting dates and locations for third quarter are listed below:

- Southeast Region, July 12, Chanute
- Northeast Region, July 26, Topeka
- South Central Region, Aug. 1, Hutchinson
- Southwest Region, Aug. 8, Garden City
- Northwest Region, Aug. 9, Oakley
- North Central Region, Aug. 22, Beloit

Registration for the third quarter meetings on KS-TRAIN, Course ID# 1078296. If you have ideas for regional meeting topics or questions regarding the meetings, please contact Teri Caudle at teri.caudle@ks.gov.

Population Health and Preparedness Statewide Webinar



The Kansas Department of Health and Environment (KDHE) hosts a Population Health and Preparedness Statewide Webinar on the fourth Tuesday of every month at 10 a.m. The next webinar will be July 24. To view minutes from the monthly calls, click the KDHE logo.



New Kansas Law to Protect Children & Animals from Vehicle Heatstroke

By Safe Kansas Kids

**SAFE
KIDS
KANSAS**

A new Kansas law went into effect on July 1, providing civil liability immunity to individuals who forcibly enter a vehicle to remove a child, vulnerable person or pet believed to be in imminent danger. Motor vehicles can heat up quickly even on a pleasant day, making the interior of a vehicle dangerous. In fact, in just 10 minutes, the temperature inside a vehicle can rise 19 degrees or more, creating a deadly environment. Every year an average of 37 children die in the US from vehicle heatstroke. But it's not just children and pets who are left intentionally behind. In fact, over half of all child heatstroke deaths occurred because a caregiver had forgotten the child in the car. By allowing bystanders to take action, they may be saving a life.

A summary of the bill is available at http://kslegislature.com/li/b2017_18/measures/documents/summary_hb_2516_2018.pdf. For heatstroke prevention tips, visit www.safekids.org/heatstroke.

Standardizing Care for Families of Infants Affected by Substance Exposure

by Anne Maack, Coordinator, Early Childhood Initiatives, WSU Community Engagement Institute



**WICHITA STATE
UNIVERSITY**
COMMUNITY ENGAGEMENT
INSTITUTE

Birth centers across the state are working collaboratively to improve care for families of infants affected by substance exposure. The Kansas Perinatal Quality Collaborative is recruiting birth center participants for an initiative improving the identification, evaluation, treatment and safe discharge of infants at risk for Neonatal Abstinence Syndrome (NAS). So far, over forty birth centers have made plans to take part. The two-year initiative runs through October of 2020 and, with support from the Kansas Department of Health and Environment, will provide universal education through a state-wide training subscription.

Participating birth centers are encouraged to involve a wide scope of community participants in the training to standardize best practices in NAS care. Internal learners will include nurses, obstetricians, pediatricians, neonatologists, lactation consultants and the entire team of hospital personnel who care for the mother-infant dyad. Parents are also welcome

to participate in the education to gain insight in caring for their infants. Also, birth centers will be able to share training with partners outside their walls.

Upstream partners include those who are in contact with a family prior to birth and have the opportunity to increase referrals to treatment programs for substance use/abuse: case workers, obstetricians, insurance companies, and treatment centers, for example.

Downstream partners include all involved in the ongoing care of the substance-exposed mother-infant dyad: judges, child welfare, family preservation, WIC offices, and support networks, for example.

Participating birth centers are currently in the process of preparing their lists of learners. Contact your local birth center to express interest in getting the latest information on NAS care.

Kansas School Sealant Meeting

FRIDAY, AUGUST 10, 2018

Embassy Suites and Conference Center
10401 S. Ridgeview Rd.
Olathe, KS

8:30 a.m. - 3:30 p.m.

EVENT SPEAKER

Johnny Johnson, Jr., DMD, MS
Pediatric Dentist

Diplomate American Board of
Pediatric Dentistry

CEO American Fluoridation Society



*Fluoridation=Less Cavities...why are we
putting ourselves out of business?*

CLINICAL PARTNERS PRESENTING:

Vibrant

Grace Med Health Clinic

Open Wide

Heartland Community Health Center

Douglas County Clinic

Health Partnership Clinic

Community Health Center of Southeast Kansas

Rawlins County Dental Clinic

E.C. Tyree Clinic

A room block is available at the Embassy Suites
Kansas City/Olathe, reservation can be made at
www.kansascityolathe.embassysuites.com,
through Hilton Reservations at
800-EMBASSY(362-2779) or the hotel directly at
913-353-9280. The three-letter code is KDH.



RSVP by August 1st to:
Michelle.Mieses@ks.gov



Hosted by:

KDHE Bureau of Oral Health in partnership
with Kansas Oral Health Connections

Sponsored by

The DentaQuest Foundation.

Kansas Health Matters Releases New Indicators for Opioid Usage

by Kansas Health Matters



Kansas Health Matters' partners have recently added seven new indicators to the

system, pertaining to opioids medication prescribed to beneficiaries of the Medicare – Part D program. These new indicators review dosage amounts, number of days supplied, and medication reaction time (long and short). The indicators are as follows:

- Percent Medicare Part D Beneficiaries Having Daily Opioid Dosage \geq 50 MME (morphine milligram equivalent)
- Percent Medicare Part D Beneficiaries Having Daily Opioid Dosage \geq 90 MME*
- Percent Medicare Part D Beneficiaries Receiving Both Long & Short Acting Opioids
- Percent Medicare Part D Beneficiaries Receiving Opioid & Benzodiazepine Prescriptions
- Percent Medicare Part D Beneficiaries Receiving Opioids Supply Greater Than 10-Days
- Percent Medicare Part D Claims with Opioid Prescriptions Written for More Than 10-Day Supply
- Percent Medicare Part D Beneficiaries Receiving PPV (pneumococcal polysaccharide vaccine)

To view the new indicators, use www.kansashealthmatters.org/ link. The second quarter indicator updates should be available by the end of June 2018.

Explore Building Academic Health Department Partnerships in Rural Areas

Academic health department (AHD) partnerships—formal partnerships between health departments and academic institutions—have the potential to offer all organizations involved a variety of benefits. The latest webinar in Public Health Foundation's *AHD Webinar Series* explored how AHD partnerships can be built in rural areas and the impact these partnerships can have for rural health departments. During the webinar, Lisa Macon Harrison, MPH, Health Director for Granville Vance Public Health (NC) shared her health department's experiences developing an AHD partnership with the University of North Carolina Gillings School of Global Public Health. Visit the webinar archive to listen to Ms. Harrison discuss the impact this AHD partnership is having for her health department, including bringing \$3 million in new grant funding to the organization. Questions about this webinar or other activities of the AHD Learning Community may be sent to Kathleen Amos at kamos@phf.org.

2018 Kansas Community Health Worker Symposium

by Alissa Rankin, Project Manager,
Center for Public Health Initiatives



KANSAS
Community Health
Worker Symposium

The Kansas
Community
Health Worker
(CHW)

Coalition hosted the third annual Kansas Community Health Worker Symposium on Thursday, June 14, in Wichita. The opening keynote, presented by the Executive Director of the Tri County Rural Health Network in the delta region in Arkansas, Naomi Cottoms addressed the importance of CHW work and how they connect, bond, and hold the communities they serve together. She shared on the importance of networking among the workforce so that they can withstand the challenges that they face on a daily basis. Cottoms highlighted the rapid changes in health policy impact CHWs and that we all need to work toward helping increase the level of understanding about the value of CHWs in healthcare. We all need to focus on sustainable funding for the professional work CHWs provide and this can be a challenge CHWs face in addition to their daily work of serving their communities. Breakout sessions were offered on multiple topics, including overcoming

CHW burnout, training and history of the Kansas Statewide Farmworker Health Program, the recruitment and hiring of new CHWs, health inequality, safe infant sleep, storytelling, and CHWs facilitating self-management education. The Symposium attracted attendees from across Kansas, with a total of 124 participants in attendance.

The CHW Symposium planning committee and Wichita State University's Center for Public Health Initiatives are grateful for the support of event sponsors including the Kansas Department of Health and Environment, Amerigroup, REACH Healthcare Foundation, Sunflower Foundation, Sunflower Health Plan, Health Care Foundation of Greater Kansas City, Health ICT, United Healthcare, and the United Methodist Health Ministry Fund.

One participant mentioned in their evaluation, "There are amazing people doing tough work in Kansas. I look forward to making changes in the work we are doing to help build a CHW network." Please visit the new coalition website: <http://kschw.org>. Be sure to save the date for the 2019 Kansas Community Health Worker Symposium! It will be held on Tuesday, June 11, at Wichita State University!



Archive Now Available for Tackling Big Challenges with a Full QI Culture Shift Webinar

The Public Health Foundation has made available an archive of the recent webinar, *Tackling Big Challenges with a Full QI Culture Shift*. This webinar explored how the Springfield-Greene County Health Department (Missouri) leveraged the public health accreditation process to spark creativity, innovation and further staff involvement in performance improvement efforts organization-wide. During the webinar, presenters shared how the health department revamped its Quality Council and took a multifaceted and comprehensive approach to systematic quality improvement (QI). Presenters also discussed how they integrated departmental performance management, health equity, strategic planning, workforce development, and other concepts. Visit *Tackling Big Challenges with a Full QI Culture Shift* to learn more and contact Vanessa Lamers at vlamers@phf.org with any questions.



Local Public Health Leadership Series

by Jessica Fiscus, Project Manager WSU Community Engagement Institute

The Kansas Department of Health and Environment (KDHE) and the Kansas Association of Local Health Departments (KALHD) are offering a leadership development opportunity for all public health professionals for fall 2018, in Salina.

The purpose of the Local Public Health Leadership Series is to enhance the ability of all local health department professionals to exercise leadership in the delivery of Medicaid services to residents in their communities.

Leadership involves mobilizing others, sometimes without direct authority to do so, in an effort to address difficult community challenges. These difficult, daunting, adaptive challenges don't have a single expert or manager that can fix them. Progress can be made to address adaptive challenges but it will require learning, involvement of stakeholders and persistent efforts. Public health professionals are in key positions to provide this kind of leadership.

The Local Public Health Leadership Series will develop core knowledge and skills related to identifying and responding to adaptive challenges. The focus will be on development of leadership competencies identified by the Kansas Leadership Center: Diagnosing the Situation, Managing Self, Energizing Others and Intervening Skillfully. The Wichita State University Community Engagement Institute will serve as faculty and coaches for the series, which is modeled after the Kansas Leadership Center's training curriculum and methods.

August 21-22

September 24-25

October 22-23

November 13-14

If you are interested, click [here](#) to fill out the application. If you have any questions, please contact Kristina Helmer at kristina.helmer@wichita.edu. Deadline to apply is July 13.

Kerr Foundation Grants – Deadline July 13

The Kerr Foundation, Inc. awards funding for capital, programmatic, or operating expenses for programs working in the following areas:

Education: Elementary, junior high, pre-collegiate, along with institutions of higher learning to include health science centers and medical research done by educational institutions

Health: Institutions providing healthcare, doing medical research, or outreach organizations employing primarily professionals from the allied health area

Human Services: Organizations providing services in diverse areas to the public, and specifically to the disadvantaged, people with special needs, and the elderly

Arts and Culture: Organizations in the visual arts and performing arts areas, museums, and libraries

Favorable consideration of a proposal will normally be in the form of a challenge grant. This means that the organization/institution approved for a grant must first raise or secure grants, donations and pledges in a total amount equal to that specified in the Kerr grant. The challenge amount is usually dollar for dollar, and typically must be secured within 12 months from the date of the award. Only 501(c)(3) organizations may apply. While preference is given to Oklahoma organizations, grant requests will also be considered from organizations in Arkansas, Colorado, Kansas, Missouri, New Mexico and Texas. Additional information and application guidelines are available [online](#).

KDHE Preparedness Program Welcomes New Director



Denise Kelly joined the Kansas Department of Health and Environment (KDHE) as the new Preparedness Program Director on June 18. wealth of experience and knowledge that will be very applicable to the agency and program. Welcome to KDHE, Denise!

Prior to coming to KDHE, Denise was at the Kansas Department for Children and Families for nearly 25 years.

The Preparedness program has had multiple other recent staff changes. The program works with many partners across the state. Below is a complete listing of Preparedness program staff.

- Preparedness Program Director: **Denise Kelly**
- Deputy Preparedness Director: **Michael McNulty**
- Grant Manager: **Joanna Lassley**
- Planning and Outreach Specialist: **Stephen Tierce**
- Procedure Specialist: **Emily Wolf**
- Exercise Coordinator: **Donna Binns**
- Training Coordinator: **Corrie Ann Campbell** (she goes by Ann)
- Medical Countermeasure Program Manager: **Esther Strobel**
- Compliance Coordinator: **Ed Bell**
- Senior Administrative Specialist: **Nancy Griffith**

Water Infrastructure Finance and Innovation Act Program – Deadline July 31



The United States Protection Agency (EPA) issued a

notice of funding availability last week for the second round of loans under the Water Infrastructure Finance and Innovation Act program (WIFIA). The deadline for submitting a letter of interest is July 31. Letters of interest targeting reducing exposure to lead in drinking water, including lead service line replacement will be prioritized for funding. In the letter of interest, the prospective borrower must provide information demonstrating its project's eligibility, financial creditworthiness, engineering feasibility and alignment with EPA's policy priorities. If EPA selects the projects, then the prospective borrower will be invited to submit an application. For additional information about this opportunity, visit the [website](#).

Central States Center for Agricultural Safety and Health Request for Proposals – Deadline July 20



The Central States Center for Agricultural Safety and Health (CS-CASH) is now accepting applications for their pilot/feasibility projects program. These projects can lead to the development of new and creative research, prevention, intervention,

outreach, education, evaluation, or translation findings and outcomes. They can explore new activities or directions, or take advantage of special opportunities. Pilot project duration is limited to 18 months and funding is limited to \$20,000 per project. Pilot projects are primarily intended to assist investigators to obtain pilot data that can be used in pursuing support through other funding mechanisms. Examples of pilot or feasibility project activities include:

Initial support for developing novel, innovative, cutting-edge research, translation, prevention, intervention, education, or outreach approaches;

- Adapting and evaluating proven prevention, intervention, outreach, or education tools or techniques for new populations, work environments, or delivery systems;
- Obtaining preliminary data, mining existing state or national datasets, or pursuing critical data gaps;
- Supporting investigators from other fields of study to apply their expertise to agriculture safety and health challenges;
- Developing new mechanisms for external or multicenter collaborative partnerships to address emerging agriculture safety and health concerns; and
- Exploring new directions that represent significant departures from established approaches yet have the potential to yield great impacts.

Those with an interest in agricultural health and safety and the skills, knowledge, and resources necessary to carry out the proposed project are invited to develop an application. Eligible institutions include for-profit, nonprofit, public, or private institutions; units of local or state government and eligible Federal agencies; units of local and state tribal government; and faith- or community-based organizations. Applicants are encouraged to partner with an experienced researcher(s). For additional information on this funding opportunity, please see the full [Request for Proposals](#). Applicants must submit their letter of intent by July 20; the final deadline for proposals is Aug. 24.

Kansas State Loan Repayment Program – Deadline July 31

The Kansas State Loan Repayment Program (SLRP) offers eligible health professionals an opportunity to receive assistance with the repayment of their qualified educational loans in exchange for a minimum two-year commitment to provide health care services at an eligible site in a federally designated Health Professional Shortage Area (HPSA). To be eligible for an award, health professionals must have a current permanent license, and commit to provide healthcare services at an ambulatory public or nonprofit private entity located in a federally designated HPSA. The practice site is required to maintain an open door to all residents, regardless of their pay source or ability to pay. A complete list of eligible health care professionals is available on the program fact sheet. Application checklist, provider forms, and site applications are all available on the [program website](#).

Hearst Health Prize – Deadline August 9



The Hearst Health Prize, in partnership with the Jefferson College of Population Health, is now accepting applications for the 2019 Hearst Health Prize. The winner will receive a \$100,000 prize, with \$25,000 awarded to up to two finalists, in recognition of outstanding achievement in managing or improving population health. The goal of the Hearst Health Prize is to discover, support and showcase population health programs that have made a measurable difference. The results of successful programs are expressed in terms of actual improvements in health outcomes and/or health behaviors, not just financial measures, clinical process measures, or measures of participation. The population health program, project or initiative submitted for consideration must be currently active (not proposed or in the planning phase) and include outcomes or preliminary findings for at least one year. Additional information about this opportunity is [available online](#).



"Vision, Design, and Capacity" Grant Writing Workshop



August 15 - 17, 2018
Great Bend Public Library
1409 Williams Street, Great Bend KS

The Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services' Office of Minority Health (OMH), and the Kansas Department of Health and Environment invite you to a **2 ½ day FREE hands-on grant writing workshop**.

Come and join us to learn, through interactive exercises and practices, about:

- *Logic Model
- *Components of a Grant
- *Evaluation Methods
- *SMART Objectives
- *Work Plans
- *And More!

Space is limited to the first 45 participants! Participants who guarantee their ability to attend the entire workshop, without interruptions, will be given preference.

To register go to <https://www.train.org/ks>, course ID#1076730.

For more information, contact Cristi Cain at 785-296-6549 or at cristi.cain@ks.gov.



Save the Date Health Policy Academy

August 1-2, 2018
Omaha, NE

Two-day in-person training designed to introduce public health, population health, & health care professionals to the policy design & implementation process. Through interactive exercises, expert panels and personal assessments, participants will:

- Describe the components of the policy making process
- Explore individual & collaborative efforts for influencing the policy making process
- Identify tools used to choose the most effective policy solutions
- Discuss best practices for creating sound health policy



Midwestern Public
Health Training Center

Registration opens in June at:
www.MPHTC.org



Badge Scholarships are Now Available for Fall 2018!



Wichita State University's online Badge courses are designed for working professionals looking to increase their knowledge and gain new skills.

Apply and enroll in a badge course by **Friday, Sept. 14**, to be eligible for a scholarship that will pay all or part of the cost of a badge course. The scholarship opportunity is for the fall 2018 semester only.

Kent Richard Hofmann Foundation Grant – Deadline August 31



The Kent Richard Hofmann Foundation awards grants to community-based organizations providing care and

direct services, education, and/or research in the areas of HIV and AIDS. Grants support both developing and established programs, with an emphasis on direct benefit to clients or target audiences. The foundation has an interest in smaller communities and rural areas. Proposals that have received serious consideration include:

- Requests from locations with a scarcity of available funding
- Requests for seed money for new projects, programs, or structures

Innovative ideas for meeting standard needs

Submit a Letter of Inquiry through the online grant portal by Aug. 31. Selected applicants will be invited to submit a full application, with a deadline of Sept. 28. Additional information available on the [program website](#).

What are Badges?

- Badges are online academic short courses of one credit hour or less designed for working, non-degree seeking professionals.
- Coursework is self-paced and competency based. Students must demonstrate their mastery of the course content in order to be awarded a Badge.
- Badges are graded pass/fail with students earning a grade of BG (Badge granted) or NBG (No badge granted).
- Badges become part of a student's permanent academic transcript. The grade earned cannot negatively affect a student's grade point average.
- Badges are a digital recognition of accomplishments that can be shared on social media and linked to a digital resume.
- Licensed professionals can submit badges to licensing agencies and boards for contact hours toward re-licensure.

Badges of particular interest to healthcare professionals include:

- Care of Populations: Public Health
- American Sign Language Specialized Interpreting
- Anatomy & Physiology of Lactation
- School Health: Disparities, Child Development, and Nutritional Needs of School-Aged Children
- *New - Medical Terminology
- Creative Interventions

For a complete listing of available courses visit: badges.wichita.edu/badgcatalog Visit the badges.wichita.edu for more details. For questions, contact Keshia Ezerendu at 316-978-7579 or workforce@wichita.edu.

Sunderland Foundation Grants

Sunderland Foundation Grants support capital improvement and one-time special projects in the areas of higher education, churches, youth serving agencies, health facilities, community buildings, museums, civic projects, and energy efficient housing projects. Since its inception, the Foundation, which is still led by Lester T. Sunderland's descendants, has focused on supporting construction projects, awarding grants to nonprofits in the Kansas City region and other markets traditionally served by the Ash Grove Cement Company. Grants are awarded throughout the state of Kansas. In recent grant cycles, the Foundation has awarded the majority of grants in four broadly defined areas: health care and hospitals, human services, higher education and arts and culture. The Foundation does not award grants for the following: annual operating expenses, programs or endowments, sponsorship for special events, primary and secondary schools, individuals, or scholarships. For more information on this funding program, view the [Foundation's website](#). Application [guidelines](#) are also available [online](#). Applications are accepted on an ongoing basis.

Native Nations and Violence Against Women July 30-31



The Kansas Coalition Against Sexual and Domestic Violence, in collaboration with the four Kansas Tribal communities; Prairie Band Potawatomi Nation, Kickapoo Tribe in Kansas, the Sac and Fox Nation of Missouri in Kansas and Nebraska, and the Iowa

Tribe of Kansas and Nebraska, are co-sponsoring an upcoming training in Horton focused on the history of violence against Native people, Federal Indian law and collaborating to improve rural responses to Native survivors of sexual assault, domestic violence, and stalking. Sarah Deer, J.D., will be the guest speaker for the event. Day one of the training is open to tribal victim/social services, tribal and state and local law enforcement, attorneys, community-based and system-based victim advocates, forensic nurses, and other stakeholders responding to sexual assault, domestic violence, and stalking. Day two of the training is for tribal communities only. Additional information and registration is available at www.kcsdv.org/train.

“Vision, Design, and Capacity” Grant Writing Workshop – August 15 – 17

The Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services' Office of Minority Health (OMH), and the Kansas Department of Health and Environment invite you to a two and a half-day free hands-on grant writing workshop. The workshop will be held at the Great Bend Public Library, in Great Bend. Participants will learn through exercises and practices about the components of a grant, evaluation methods, logic models, SMART objectives, work plans and more. Space is limited to the first 45 participants. Register on [KS-TRAIN](#), Course ID #1076730. For more information, contact Cristi Cain at 785-296-6549 or cristi.cain@ks.gov.

Kansas Health Foundation Impact and Capacity Grants – Deadline September 17



The Kansas Health Foundation Impact and Capacity Grants Program funds

organizations doing innovative and meaningful work that fits within the foundation's mission to reduce health disparities by focusing on: access to care, tobacco use, physical activity, access to healthy food, civic engagement and educational attainment. Applicants may apply for funds under of the following grant programs:

Impact grants - projects such as:

- Policy and systems change
- Grassroots organizing
- Testing innovative or promising approaches
- Initiative planning
- Matching funds

Organizational capacity building grants - efforts to enhance:

- Leadership
- Management
- Funding or financial management
- Relationships and collaboration
- Communication and marketing
- Programs and services
- Program evaluation
-

Additional information on funding categories, criteria, and exclusions is available in the [application instructions](#).

2018 Breastfeeding Conference – November 1-2

The Kansas Breastfeeding Coalition will be hosting a two-day conference in Wichita on Nov. 1-2. The first day will focus on coalition building, particularly building the capacity of local breastfeeding coalitions to successfully create communities supporting breastfeeding. Registration for Day 1 will be FREE and will include a KBC membership for 2019 for all attendees. The second day of the conference will focus on “hot topics” in lactation to provide clinical skills and breastfeeding knowledge for health care professionals and others who serve families. The day will feature a variety of topics including “Up in Smoke: The Potential Health Impact of Cannabis Use During Pregnancy and Lactation on the Baby” and “Tongue and Lip Tie: What do we know?” The registration fee for Day 2 is anticipated to be approximately \$110 and will include continuing education credits for Registered Nurses (RNs), IBCLCs & CLCs. Mark your calendar to participate in this unique opportunity for learning, support and networking! Registration will open in early September – [join the KBC](#) to receive registration information.

Job Postings

Butler County Health Department

Program Coordinator III – Social Worker

Ellis County Health Department

Medical Billing Specialist

Geary County Health Department

Health Nurse I – RN

Harvey County Health Department

Community Health Nurse - RN

Hodgeman County Health Department

Health Department Staff Nurse (RN)

Marion County Health Department

Staff Nurse/Child Care Surveyor

McPherson County Health Department

Receptionist/Clerk I

Registered Nurse – Public Health

Reno County Health Department

Health Educator

Public Health Nurse II

Riley County Health Department

Child Care Surveyor I

Sedgwick County Health Department

APRN – Health Department

Public Health Emergency Preparedness Planning Assistant

Fiscal Associate

Fiscal Associate – Front Desk

Nurse Coordinator – Immunizations

US Toddlers Consuming Too Much Added Sugar, CDC Researchers Say

The ABC News website reports that a new study by the Centers for Disease Control and Prevention found that U.S. toddlers “are eating too much added sugar, and the problem only gets worse as they get older,” according to “a new study conducted by researchers at the Centers for Disease Control”.

Researchers analyzed “data from 800 infants and toddlers between six and 23 months old in the 2011-2014 US National Health and Nutrition Examination Survey” to determine that some babies are “consuming added sugar that exceeds maximum levels recommended for adults.” The findings were scheduled for presentation at the American Society for Nutrition’s annual meeting.

Meanwhile, HealthDay reported, “If more Americans ate healthier diets, the nation could save tens of billions of dollars in health care costs for major problems, such as heart disease, cancer, Type 2 diabetes, strokes, hip fractures and Alzheimer’s disease.” After evaluating “different scenarios,” investigators “determined that boosting the number of Americans with healthy eating habits could save between \$21 billion and \$135 billion a year in health care costs.” The study was slated for presentation at the American Society for Nutrition annual meeting.

Information about the ADA’s nutrition-related activities is available at ADA.org/nutrition. Dentists can refer patients to MouthHealthy.org, ADA’s consumer website, for up-to-date and evidenced-based information about nutrition, including information about how sugary drinks affect dental health. In addition, the 11th edition of Chairside Instructor covers the effects of sugar on oral health, among other prevention and treatment topics.

OLDER ADULTS & ORAL HEALTH



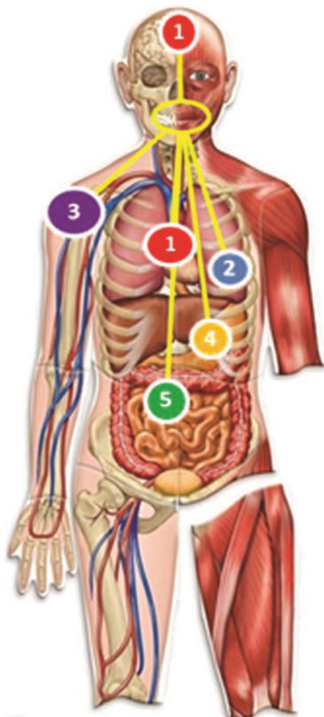
DID YOU KNOW?

- The mouth IS part of the body!
- Diabetes can make a person twice as likely to develop gum disease.
- Bleeding gums indicates a problem. Healthy gums do not bleed from brushing.

Oral Health is linked to Overall Health

The health of your mouth is linked to:

1. Heart Disease & Stroke
2. Respiratory Disease
3. Arthritis
4. Diabetes
5. Gastrointestinal Disease



Dry Mouth?

- Medications can cause dry mouth resulting in discomfort, cavities, difficulty eating, and problems with dentures.
- For relief, try: sipping on water, saliva substitutes, oral lubricating gels, sugar free or xylitol sweetened mints and gums.
- If you have a dry mouth, contact a dental professional.
- Limit beverages high in sugar.

Older adults are at greater risk for dental problems because of:

- Problems with access to care.
- Dry mouth from multiple medications.
- Exposed roots from gum recession which can decay faster.
- Difficulty cleaning teeth.

You can prevent dental disease and discomfort by taking care of your mouth, getting check-ups, and seeing an oral health professional regularly.

SCHEDULE REGULAR DENTAL CHECK-UPS



If you have teeth:

- Brush natural teeth twice a day; after breakfast and before bedtime.
- Use a soft toothbrush with fluoride toothpaste.
- Use an electric toothbrush and rinse with fluoride mouth rinse after brushing
- Clean between teeth with floss or a product recommended to remove plaque and food debris.
- Visit the dentist regularly.
- Healthy gums should not bleed when brushing.

If you have dentures or partial dentures:

- Clean dentures or partial dentures daily.
- Dentures or partial dentures must be removed from the mouth before cleaning.
- Clean dentures or partial dentures with a denture brush or soft toothbrush using liquid hand soap or denture toothpaste. Do not use regular toothpaste as this may scratch the denture.
- Brush natural teeth; if you have no teeth, clean the mouth and gums, with a moist toothbrush before reinserting the dentures or partial dentures.
- Put dentures and partial dentures in a container of water overnight. Leaving them out of your mouth allows the gums to rest.
- Denture or partial denture adhesive should not be used to glue in poorly fitting dentures.
- Visit the dentist regularly, even if you have no teeth.

ORAL HEALTH IS OVERALL HEALTH